

November 2023

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Pormpuraaw backs Domestic Violence Prevention & Awareness Month

**ALSO INSIDE:
Youth Summit
success**



ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY

A word from CEO Ganthi Kuppusamy

2023 has been another successful year which was very much attributable to everyone's hard work, commitment and determination.



The highlights have been, as always, the month of May, as Domestic and Family Violence Prevention and Awareness Month, and our Youth Summit, held this year from 18-22 September.

Every May Pormpur Paanthu marks Domestic and Family Violence (DFV) Prevention and Awareness Month to raise community awareness of DFV and to send a clear message that DFV in families and homes will not be tolerated.

Events this year included our opening and closing marches, Men's and Women's support activities, AOD and DFV awareness training for staff and our community and, the most meaningful and most popular Candlelight Vigil, held annually for those the community who have lost loved ones to DFV.

Our Youth Summit has grown over the years and was extremely well-supported this year with sponsors and supporters from a wide range of agencies and organisations including schools, police, employment, health and several other sectors.

The youth themselves nominated musicians ZMK and their team to come to Pormpuraaw and inspire them, and they did, as did Circa Cairns and the ever funny Trevor Tim as our MC and mentor over the week of the summit.

We are pleased to present the best of these two major events in our annual magazine for the community to appreciate what we achieved over the year, and for our stakeholders to see their faith in our work has been worthy.

It has been an excellent year and I thank everyone for their support and contribution they make to this valuable community organisation.

Ganthi Kuppusamy
CEO

PORMPUR PAANTHU NEWS WEEK

Issue 150: Monday 8 May 2023



Mother's Day 2023

SATURDAY 13 MAY
10:30am to 2pm
PUBSC

Featuring a lovely lunch, movie, games, lucky draw, membership draw, and prizes for door and first dressed

PORMPUR PAANTHU NEWS WEEK

Issue 166: Monday 28 August 2023

2023

18th - 22nd Sept

PORMPURA AW

YOUTH SUMMIT

PARTNERSHIP EVENT

- ZMK Music & Workshop
- Walking & Running (RAW)
- Art & Cultural Day Incl. Traditional Dance Practice
- Movie Night
- Colour Run
- Wet Day - Waterslide Waterballoon Fight and Jumping Castle
- Amazing Race
- Glow in the Dark Disco with ZMK Music Team
- Health Promotions - Apunipima Team
- Careers & Employment Expo
- Live Q&A With Youth
- Fire Safety Exercises
- And Other Games & Activities

Healthy Breakfast all week - Sponsored by CEO

Lunch & Dinner Provided

This is an Alcohol FREE Event

Full program out soon!





Domestic and Family Violence Prevention & Awareness Month

OUR COMMUNITY NIGHT PATROL SERVICE WILL OPERATE EVERY DAY DURING MAY

May 2023

Every May Pormpur Panthu Aboriginal Corporation marks Domestic and Family Violence Prevention & Awareness Month.

"It's in our control to end coercive control."

Domestic violence is not just physical abuse. Coercive control is a form of abuse that can be just as damaging. It's when one partner uses manipulation, threats, and intimidation to control the other. If you or someone you know is experiencing coercive control, seek help immediately. You deserve to be in a safe and healthy relationship.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|--|--|---|---|
| 8 | 9 | 10 | 11 | 12 | 13 Mother's Day 10:30am to 2pm PUBSC Lead by Women's Group | 14 |
| 15 AIDV Workshops All welcome | 16 | 17 | 18 | 19 | 20 | 21 <i>In a relationship if a partner tries to manipulate your emotions in order to get you to change your mind or deliberately try and convince you to do what they want, that's coercion.</i> |
| 22 QIFVLS Workshop | 23 RAW Awareness Activity 5:30-8pm | 24 <i>Coercive control is behaviour aimed at dominating and controlling another, and is mainly perpetrated by men against women.</i> | 25 | 26 National Sorry Day Start by 8:30am | 27 | 28 |
| 29 Candlelight Vigil Lead by Women's Group | 30 Women's Group Activities 6-8pm | 31 Closing Day Parade & BBQ | <p>In an emergency call the police on Triple 0 DVConnect Womeline: 1800 8u 2u DVConnect Menline: 1800 600 636 1800RESPECT: 1800 737 734</p> | | | |

OUR COMMUNITY NIGHT PATROL SERVICE WILL OPERATE EVERY DAY DURING THE DV AWARENESS MONTH.

Sharp focus on DV issues every May

Domestic Violence Prevention and Awareness Month helps Pormpur Panthu Aboriginal Corporation to sharpen our knowledge of the issue and how to deal with it.

The month of activities is not just aimed at our community, although we welcome community participation in events such as our sponsored Mother's Day event and Candlelight Vigil.

Our staff at all levels also take the opportunity to brush up on their existing skills and develop new ones as experts in their field, such as the Queensland Indigenous Family Violence Legal Service (QIFVLS), bring their expertise and knowledge to us to share.

And it makes a difference.



All work and walk together on one path of healing, learning, caring and sharing, creating a safer environment and community





Walk Against Domestic & Family Violence

Tuesday 2 May
11 am start at Healing Centre



BBQ lunch at Boomerang Building for 12 pm



DOMESTIC VIOLENCE
AWARENESS MONTH

WORKSHOP WEEK

Monday Tuesday
Wednesday Thursday
1:30PM-3:30PM
PPAC Youth Hall

- **STRESS AND SELF CARE**
- **DOMESTIC VIOLENCE YARN**
- **HEALTHY COOKING**

PRIZES





Our counsellors and DV frontline workers completed several days of training over the month.

We were lucky to have Benny Hodges on board for most of the month to work with our staff and community, especially our Men's Support Service, to help us promote social, cultural, spiritual and physical wellbeing.



Our hardworking Night Patrol Staff were on duty every night for the month of May.



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Mother's Day 2023

SATURDAY 13 MAY

10:30am to 2pm

PUBSC

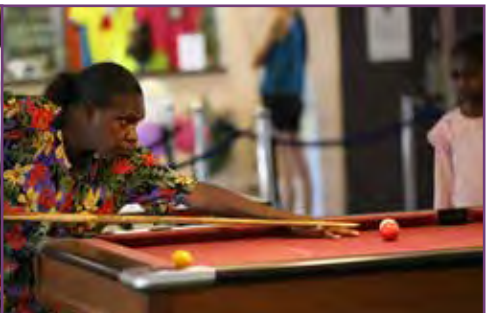
Featuring a lovely lunch, movie, games, lucky draw, membership draw, and prizes for door and best dressed.





There were door prizes and lucky draws, a great lunch and a movie everyone was too busy to watch at the PPAC-sponsored Mother's Day lunch.

It was a chilled and relaxing day in the middle of a busy month, much enjoyed by all who attended.



A pool comp on the day was very popular with our Mums.



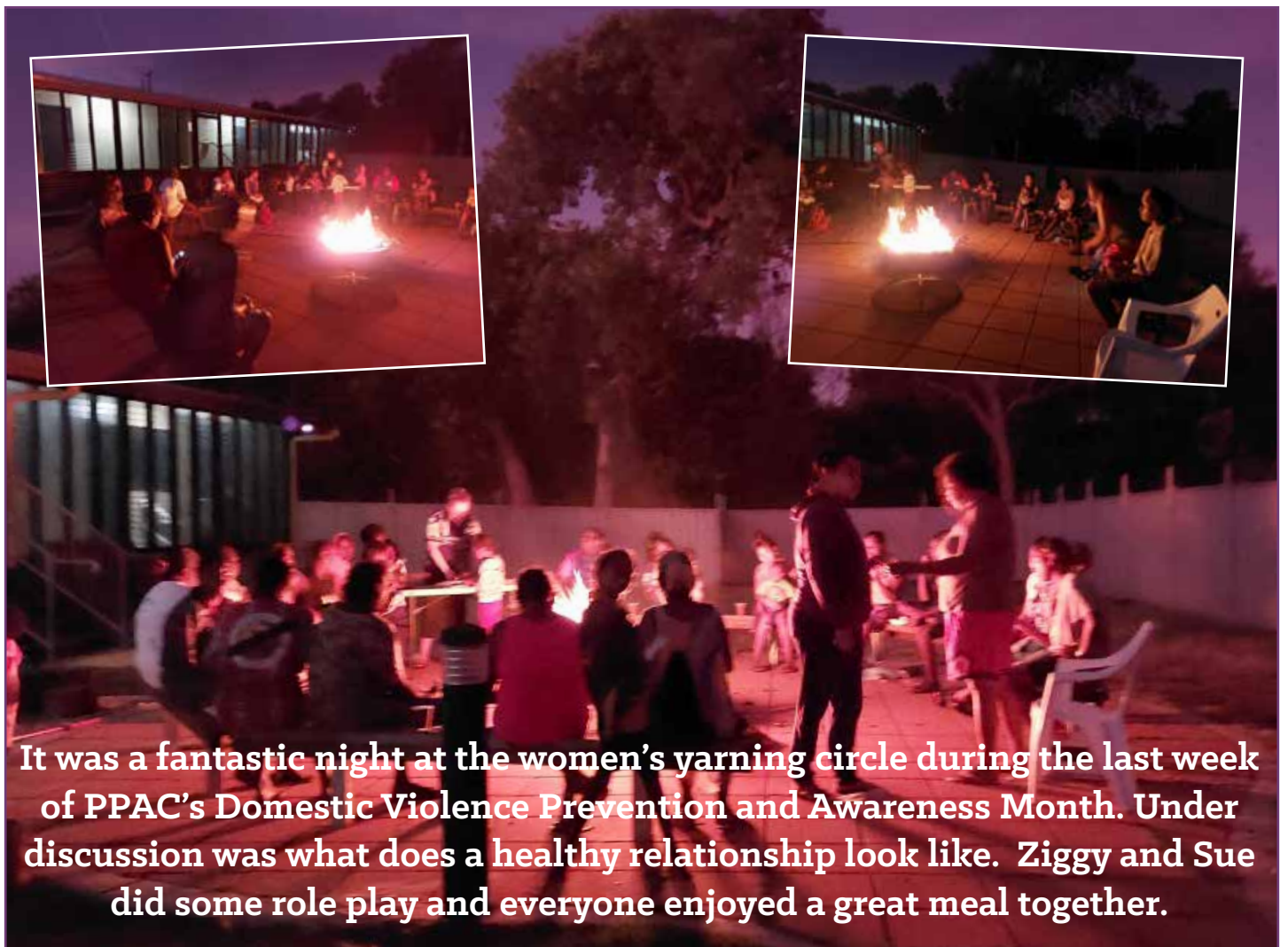




*All work and walk together on one path of healing, learning, caring and sharing,
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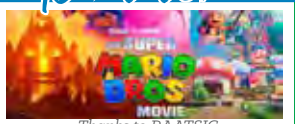

Running & Walking (RaW) Event



It was a fantastic night at the women's yarning circle during the last week of PPAC's Domestic Violence Prevention and Awareness Month. Under discussion was what does a healthy relationship look like. Ziggy and Sue did some role play and everyone enjoyed a great meal together.



Pormpur Paanthu Youth Summit September 2023

| | TUESDAY 19 | WEDNESDAY 20 | THURSDAY 21 | FRIDAY 22 |
|-------------|--|---|---|---|
| 6.30-7.30am |  | | | |
| | 8.30am-12pm Job Expo @ Hall | | | |
| 8.30-10am | CEQ Breakfast Bar @ RISE | | | |
| 10-12.30pm |  <p>OPENING CEREMONY - WELCOME TO COUNTRY - TRADITIONAL DANCING</p> <p>Apunipima Health Promotion</p> |  <p>Workshop @ RISE</p> <p>Cairns Circa Workshop @ Hall</p> |  <p>Workshop @ RISE</p> <p>Apunipima Health Promotion</p> <p>Cairns Circa Workshop @ Hall</p> | <ul style="list-style-type: none"> Toolbox Meetings (Hall) QPS Traffic Safety Workshops |
| 12.30-2pm | @ Hall AB Catering Lunch | | | |
| 2-4.30pm |  <p>Music Workshop @ RISE</p> <p>Minute-to-Win-It @ Hall</p> <p>Rotation of Activities</p> | <p>STUCK in the mud!</p> <p>Traditional Games</p> <p>Tug of War, Touch Footy, Dance Practice</p> <p>Supported by Apunipima</p> <p>Rotation of Activities</p> | <p>(TOWN AREA)</p>  <p>COLOUR RUN</p> <p>IMF3KM MARATHON</p> | <p>The AMAZING Race</p> <p>Minute-to-Win-It Start/Finish @ Hall</p> <p>Thanks to our sponsors and support organisations:</p> <ul style="list-style-type: none"> RISE Community Enterprise Queensland Pormpuraaw Aboriginal Shire Council Queensland Police Service Apunipima Cape York Health Council Pormpuraaw United Brothers Sports Club RAATSICC SES Circa Cairns Cynthia Lui MP Human Force Brilliant Technologies Hinterland Aviation PVW Partners Accountants and Advisors Warren Entsch MP Pormpuraaw State School |
| 4.30-6pm | <p>Cairns Circa Workshop @ Hall</p> | <p>Live Q&A with Youth @ Boomerang</p> | <p>Closing Ceremony + Thank you speeches @ Hall</p> | |
| 6-7.30pm | Boomerang Dinner | | | |
| 7.30-9pm | |  <p>Thanks to RAATSICC</p> |  <p>ZMK Music Performance + Glow-in-the-Dark DISCO</p> | |

There were so many positives that came out of Youth Summit thanks to the combination of visitors, youth engagement and community spirit Youth Summit Coordinator Vanessa says.

"There was some amazing visitors including the Defence Force team, the Police, Trevor Tim and ZMK," she said.

"Trevor was really awesome.

"And ZMK and his crew, the kids were looking forward to him. I think he did what the kids wanted was sing, and they just sang along with his songs, trying to connect.

"ZMK said it was his first time ever doing a program with kids, I told him, 'a lot of these kids look up to you and they're going to be hammering you, wanting to

connect with you, so be ready'"

"And man, they love that type of music, it's not heavy metal, it's not Americanised, it's more of Australian Pacific Torres Strait, and a lot of it's Creole so they can sing along."

She thanked the Police and Defence Force for being there, and hoped their presence would help guide youth into positive careers.

She said there was also a health aspect to the Summit.

"Josh's health promotion, and the nutritionist, and we had tackling

Indigenous smoking here," she said.

The Q&A event was another success.

"The knowledge they were getting from all the stakeholders was really good," she said.

Jeremiah Gilbo (Lloyd) said he enjoyed the Summit, and already had a few ideas for the next one.

Vanessa said the Summit would be a talking point for quite some time to come.

"They'll definitely be talking about this for a while, these kids," she said.

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DAY ONE - TUESDAY

MC and official host of the Youth Summit, Trevor Tim, said he was most impressed with the community support of the event.

"It was a fantastic week," he said. "I am so impressed with the Pormpuraaw community. I want to thank them very much for their hospitality. I was so impressed with the engagement, with the team effort, a very active community. I was so excited. Great week."

**BREAKFAST
REGISTRATIONS AND T-SHIRTS
WELCOME AND DANCERS**

"Everybody was focused on the children, the youth who are the future," he said. "I was just mesmerised by the team efforts. The adults who were involved, and I'm talking Elders here who were at the table helping with the food, helping with the young people. "It was mind-blowing. Powerful."





The Youth Summit brought the whole Pormpuraaw community together in more ways than one, Art & Cultural Centre manager Ellen Maugeri says.

“It’s such a good event for the whole community,” she said. “It seems to bring not only the youth but the old people and the young ones. And I think it’s a really good bring-the-community-together event.”

The Art Centre contributed the dancers, who fall under part of their cultural umbrella.

“It was particularly wonderful to see all ages there,” Ellen said. “So, we had the old singers and the older elders who danced, but we had the teenagers, we had the little tiny ones.

“They all sign when they get their payment, and one of the little ones was so little, he couldn’t even sign his name. He could do his first initial. So that was just beautiful.

“And even just seeing the older dancers, not necessarily the elders, but the dancers that were maybe in their 20s or 30s or 40s showing the young ones how to put on their body paint.

“The discussion came up about skirts, and we’re going to do a workshop with the young ones in the Christmas holidays, and they’re going to make their own skirts. So even that was generated out of the Youth Summit.

“And I spoke to Vanessa about that, with the Youth Program, and want to try and catch up with the Men’s Group to see if they’ll take some young ones out to cut the cabbage palms, and then they’ll all make their own skirts and headbands and jewellery and things like that in the future.

“So that’s really led into something to push the culture a little bit further and get the young ones more involved. I think that’s a great outcome.”



DAY TWO - WEDNESDAY



Ally Humphris from Circa Cairns – a First Nations-led circus company – said she thoroughly enjoyed running her three-day workshops at the Youth Summit.

And so did her participants!

“It was amazing,” she said.

“The kids kept coming back, then by the last day, we had the teenagers join in, which was a big thing.”

She said there were many highlights over the three days.

“Having dinner on the last night, the kids were telling me they didn’t want me to leave, and they wanted me to come back.

“It’s good to know I’ve left that impact with them, and I’m happy to say that I will definitely be

CIRCA CAIRNS IN THE HALL
ZMK WORKSHOPS @ RISE
LUNCH & GAMES @ THE OVAL
Q & A EVENT @ BOOMERANG
MOVIE NIGHT THANKS TO RAATSIC

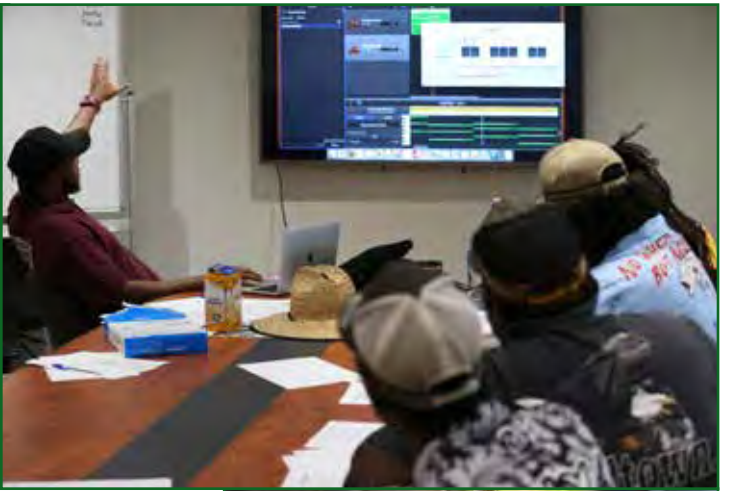
coming back and, hopefully, continue building this relationship.”

Ally said she would like to see the circus continuing to perform in communities.

“It’d be great to see circus happening a bit more in the community,” she said.

“Hopefully one day we can teach the youth how to teach circus so then we can have it as a constant in the community.”





It was Zac Kelly's (ZMK's) first time running a workshop at the Youth Summit, and the first time he'd been to Pormpuraaw, and he found both surprising in a good way.

"I heard rumours before I came over about all the fans, and it wasn't even the kids, it was actually the whole community, so that was pretty shocking for me," he said.

He said he was also surprised that most of the crowd knew the words to his songs.

"Some were my songs and some were with other artists from around here, the in the Cape and Torres Strait," he said.

He said his workshops were about creativity.

"I taught them how to create an instrumental," he said.

"From the first day they were listening because I put it down.

"The last day, whatever I explained throughout the week, they put it down and I was shocked - that was amazing."

He said not a lot of gear was needed for people to write their own songs.



"They could do it on the phone, laptop," said Zac, who is from Iama Island in the Torres Strait.

He says he'd like to return to Pormpuraaw – which reminded him a lot of his home – to continue what he started with his workshops.

His advice to the youth in the community was "just keep smiling and keep up those rhythms".



The Q&A event was a popular opportunity for the youth to ask questions of their mentors and guests.



Josh Mene, Health Promotion Officer with Apunipima Cape York Health Council, said a lot of positives came out of the Youth Summit.

“The week’s been good,” he said. “I feel like we got a few of our messages out there that we came up to deliver from Apunipima.

“Things around smoke-free homes and the dangers of smoking tobacco and cigarettes and stuff like that. As well as some of the nutrition messaging around sugary drinks and eating some more healthy fruits and vegetables and stuff like that.”





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DAY THREE - THURSDAY

The highlight of the Youth Summit for Abergowrie College's Leann Napier and Darren Myran was the Colour Run.

"The colour run at the end was the best," Residential Supervisor Darren said.

Community Engagement Officer Leann, agreed.

"It was fantastic," she said. "Getting really involved with the kids and having fun with the kids was awesome."

It was the first time they had spent a whole week on a community visit.

"It's good and an enjoyable time too," said Darren. "We got to see a lot of the old boys from Abergowrie College. It was very good."

Leann said it was a great time for all to connect and they both sang praises about the whole event.

"The dance and opening ceremony were very good too," Darren said. "The dance was beautiful."

Pornpuraaw Art & Culture Centre manager Ellen Maugeri was also very impressed with the Colour Run.

"I loved the dancing, but the highlight was seeing the Colour Run yesterday," she said. "I had to drive out when it was on, and I drove off and there was just this rainbow of coloured dust over the whole of Pormpuraaw."

"You could see it way above the roof, way above the trees. It looked like unicorns were flying past or something. It was magic."

ZMK's Zac was one of the many who joined in the Colour Run.

"That was fun," he said.

"It was my first time doing a Colour Run too, so yeah, I really enjoyed that, and just seeing the community too as well, how it brings everyone all together, and kind of felt like I was back at home."

THE COLOUR RUN!!!
ZMK PERFORMANCE @ THE HALL





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The Colour Run proved to be a much-loved part of the Youth Summit, with thanks to the Justice Centre for running it.

"It went really well," Justice Centre Support Officer Hope Gibuma said.

"I think that was a good event. Everyone enjoyed it as well. I enjoyed it too."

Hope said the best thing about the Summit was seeing the effect it had on the youth.

"I really enjoyed the ZMK performance," she said.

"It just made me happy seeing all the kids smiling and laughing and really enjoying the performance as well."



ZMK's Walford Kelly loved his visit to the Pormpuraaw.

"It was pretty awesome," he said. "It was a lovely experience coming into this community. Hopefully I'll come back to experience something more, get to know the people well and hopefully build something from what we started here this week."

"My favourite thing about the week was all the little kids. It's pretty emotional and touching to see them getting involved and seeing them happy."

Naima (Wais) Daniel said her first time at the Youth Summit was easy to do thanks to the warmth she felt from the community.

"I loved it," she said. "The respect in this community. People are all well-mannered and very welcoming here. It just makes me feel at home."

She said the ZMK performance and the Colour Run were very impressive.

"The colour run was exciting," she said. "And the disco, seeing the excitement on the kids' faces."

"They knew all of the words to the songs. They really idolise him. It was good to see that and the smile on their faces."



Justice Group Coordinator
Josie Szilagyι said the Youth
Summit was off to a good
start, right from the very
beginning.

“The opening ceremony was
amazing,” she said.

“Then we had Trevor, who was very
good at entertaining the community,
keeping them laughing, also adding
his inspirational messages in there as
well.

“You can see that it’s really had an
influence.”

Josie thought the best part of the
event was the evening concert with
ZMK.

“It was the disco and the
performance with the crew,” she said.

“We’ve had bands come through, but
a band vibe is different to a concert
vibe.

“So, that’s kind of what we wanted to
give the community, the young kids,
and they loved it.

“They were screaming the whole
time, all excited, dancing and singing.

“It was good having them here.

“It’s fun. It gets all the kids involved.”

DAY FOUR - FRIDAY

KUP MURRI @ BOOMERANG
ACTIVITIES & PRESENTATIONS @ THE HALL





Coming together as a community to foster and nurture our youth at the Youth Summit made a big impression on CEQ Community Engagement and Enterprise Manager David Bosun.

“My week has been very mind-blowing and very proactive,” he said.

“I’ve seen a lot of progress in this Summit, and I really appreciate being welcome and having the opportunity to be part of it because everything was well organised.

“The kids enjoyed themselves and even meeting and working with other stakeholders was very good.

“The thing that I take back from this one is how a community can come together and support each other working as a team, making things happen and building leaders out of our children.

“Everything was a highlight.

“Everything was very good because I enjoyed all the activities from the ZMK workshop to the health promotions and our breakfast that we provided, and basically everything was the highlight for the event.”

Council CEO Edward Natera said they were delighted with the Youth Summit.

“We’re grateful to be a part of the Summit,” he said. “And hopefully they can continue with the growth. “It was wonderful just seeing many of the younger people involved.”

PPAC News editor, photographer and videographer Christine Howes said the Youth Summit got better and better every year.

“What a privilege it is to see and record Pormpuraaw youth as they grow over the week and years,” she said.

“Go Pormpuraaw!”

RISE Ventures’ Coral Harris said her team were “really excited” about being part of the Youth Summit.

“There was an amazing support network in there,” she said. “All of Ganthi’s team, but the standouts for me were Vanessa, Jade, Michael and Ganthi.

“They were serving the community – if they weren’t serving food, they were picking up rubbish.

“They were engaged with the kids.”

Coral said it’s important that RISE supported events like the Youth Summit.

“I think actually to let the community know that we actually care about them, and what we’re doing with them, for them, and being able to be a part of something like that for them,” she said.

“It just puts a human face on who we are, the people that they need to come and do some business with us.

“It’s really good that we can get a little bit of exposure that way and do it on the back of the work that Ganthi and her team are doing, because they’re pretty phenomenal.

“We are just really, really excited about having the opportunity to be part of it and be part of it to the level that we were.”





Congratulations!



Several staff attained higher qualifications in their chosen areas of study this year.

Tammy, Sandra and Elizabeth have achieved their Diplomas in Early Childhood Education and Care. Valerie and Alfreda have completed their Certificate IIIs in Early Childhood Education Care. Graduates expressed their thanks to Sandra, Brenda, Tammy and Ms Paula for their work and support with Alfreda. PPAC is grateful for their commitment and dedication to their jobs.



Pormpur Paanthu Aboriginal Corporation

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PPAC offers:

- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families
- Social emotional wellbeing services
- Family wellbeing services
- Men's Support Services
- Women's Group activities
- Youth Early Intervention Services
- Outside School Hours Care
- Vacation Care activities
- Child Care services (Long Day Care)
- Playgroup
- Night Patrol (Contact: 0474 464 688)
- Remote Community Connectors (RCC) under NDIS
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year with 7 days a week on-call service)